

Grade 4-6 Choice Board

Directions: Make your way through the choice board below (in any order). When you finish each task, mark it as completed by filling in the background color. *To fill in the background color, place your cursor inside the box and select the bucket icon that appears on the side side of the editing bar.*

Share any pictures of your choice board activities to Mrs. Becker (beckerj@lrsd.ab.ca) and we will post them on our School Council Facebook page for your friends to see!

<p>1 🍏</p> <p>Baking (you need a parent to supervise!)</p> <p>Try an easy recipe from the link below- see if you can make your own snack!</p> <p>https://bit.ly/3ija6sH</p>	<p>2 🎧</p> <p>Music</p> <p>Musical Interview</p> <p>Talk with someone from your family (In person if you live with them, or online). Ask them what their Favourite Childhood Music is. Write down what it is, why it is so special to them, and why they associate that music with Childhood.</p> <p>When you're finished, think about what music YOU associate most with being a kid.</p>	<p>3 💬</p> <p>Email</p> <p>Send an email to one of your teachers from last year. Tell them something you miss about their class, or thank them for teaching you something!</p>	<p>4 🎥</p> <p>Video</p> <p>Watch "The Cool Bean" Video and then learn how to draw the characters with Pete Oswald who illustrates the book!</p>
<p>5 🏠</p> <p>Scavenger Hunt</p> <p>Challenge yourself to take the A.B. Daley Gratitude Scavenger Hunt!</p>	<p>10 😄</p> <p>Create a Comic</p> <p>Follow the directions below and create your own comic!</p> <p>https://bit.ly/3bSwYNU</p>	<p>7 🧘</p> <p>Wellness Activity</p> <p>Go for a Winter Walk with your Family!</p> <p>Build a snowman</p> <p>Find a partner and try these:</p> <p>Fun with Fitness 1</p> <p>Fun with Fitness 2</p>	<p>8 🎵</p> <p>Found Instruments</p> <p>Look around your house for objects your family can make musical! Find a low sound, 2 medium sounds, and a high sound. Watch the Household Percussion Video and see if your family can come up with a song! Bonus points if you record it on a camera or phone!</p>
<p>9 📄</p> <p>Guided Drawing</p> <p>Check out Art Hub and draw a Winter Landscape</p> <p>Email your drawings to Mrs. Becker (beckerj@lrsd.ab.ca) and she will share them online so your friends from school can see them too!</p>	<p>6 🎮</p> <p>Gaming</p> <p>Check out the game Prodigy- use your school lrsd account to register and play away!</p> <p>https://bit.ly/35l6mn3</p>	<p>11 🌸</p> <p>COSMIC Kids Yoga</p> <p>Try the Harry Potter themed Cosmic Kids Yoga episode below (Mrs.Becker's favorite book!)</p> <p>https://bit.ly/2Rr2DfD</p> <p>Or... Try out the different Yoga Kids poses here</p>	<p>12 🧘</p> <p>Healthy Living</p> <p>Watch the video about Anxiety and then try the "Bring it down" breathing activity. Maybe next time you can use this when you feel worried, scared or overwhelmed!</p>

